Helpful Contacts in Salford

**Salford Assist 0800 694 3695** – Mon-Fri 10am-4pm

-Referrals for baby milk, nappies and food for family.

-Essential furniture, ie bed, white goods.

-Help with emergency supply of gas or electricity where there is no heating in the household.

-council tax support.

**Welfare and Debt Advise Service 0800 345 7375** – Mon-Fri 10am-12pm or online [www.salford.gov.uk/advice-and-support/welfare-rights-and-debt-advice-service/](http://www.salford.gov.uk/advice-and-support/welfare-rights-and-debt-advice-service/)

**Salford Discretionary Support Scheme 0161 793 2500**

-For emergency help with food, gas or electricity.

[www.salford.gov.uk/advice-and-support/salford-assist/](http://www.salford.gov.uk/advice-and-support/salford-assist/)

**Citizens Advise Salford 0808 278 7820 Freephone**

<https://salfordcab.org.uk/>

**Salford Unemployed and Community Resource Centre 0161 789 2999**

**Salford Credit Union Website** [**info@salfordcreditunion.com**](mailto:info@salfordcreditunion.com)

-For affordable credit.

**National Debtline 0808 808 4000 Freephone**

[www.nationaldebtline.org/](http://www.nationaldebtline.org/)

**Mustard Tree Little Hulton 0161 228 7331**

**Little Hulton Big Local 0161 790 7072**